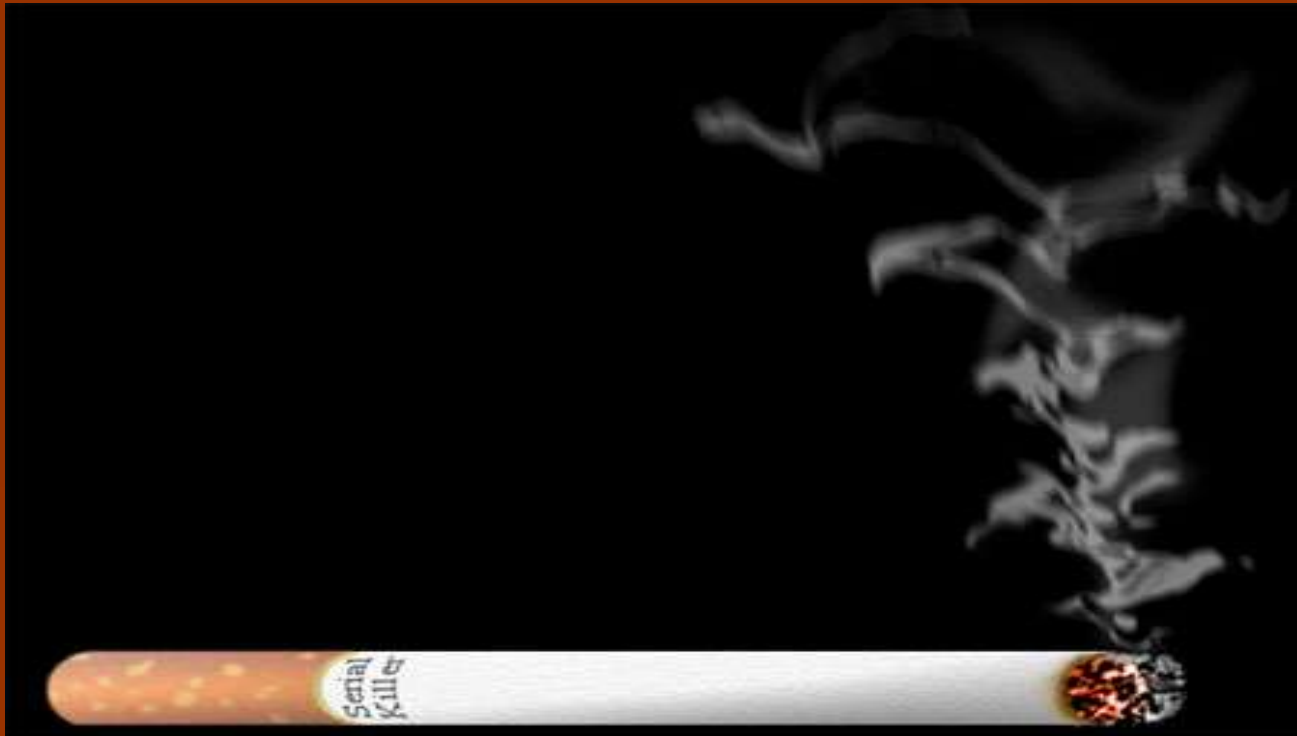


WHY SMOKING IS A SILENT DEADLY KILLER



Smoking prevalence

- **Indigenous smoking prevalence is still around 51%**
- **Women of childbearing age form the highest prevalence of around 60%**
- **Psychological dependence on nicotine together with the normalisation of smoking contribute to high prevalence of smoking.**

National Indigenous Tobacco Control Research Roundtable

- **In May 2008 the Centre for Excellence in Indigenous Tobacco Control (CEITC) and the Cooperative Research Centre for Aboriginal Health (CRCAH) held roundtable in Brisbane.**
- **Recommendations from the roundtable have been published in the “National Indigenous Tobacco Control Research Roundtable Report 2008”.**

National Indigenous Tobacco Control Research Roundtable Report

- **Smoking is the largest risk factor contributing to death rates.**
- **Smoking accounts for 20% of all adult deaths.**
- **Normalisation of smoking 51% of Indigenous adults smoke.**

National Indigenous Tobacco Control Research Roundtable Report Recommendations

- **Creating positive environments for smoking cessation.**
- **Improving our understanding of motivations for smoking and non- smoking.**
- **Improving our knowledge of best practice interventions.**
- **Empowering and supporting the health workforce.**
- **A cost benefit analysis of various interventions to enable best use of resources.**

Urbis Indigenous Smoking Scoping Study

- **Recommendations.**
- **Specialist tobacco positions**
- **Quit coaches among Aboriginal health workforce.**
- **Tobacco brief intervention programs.**
- **What is Smokecheck?**

Smokecheck Training

- **Smokecheck Training a smoking brief intervention program especially developed for AHCSA.**
- **Based on Queensland Tobacco Brief Intervention Program and it focuses on cultural factors cultural counselling.**
- **2 day course participants trained to be quit coaches.**

What's Your Poison?

- **It is a fact that cigarette smoke contains up to 4,000 chemicals including known cancer causing agents. (see poster)**
- **The Department of Health and Ageing negotiated a Voluntary Agreement for the Disclosure of the Ingredients of Cigarettes with the three tobacco companies, Philip Morris Limited, British American Tobacco Australia Limited and Imperial Tobacco Australia Limited.**

Current Research Activities

- **2 Major Universities are currently conducting tobacco research projects.**
- **Flinders University is conducting a research study on “Smoking Resilience”**
- **University of South Australia is conducting research among Aboriginal health workers.**