

Chronic Disease Risk Factor & Self-Management Training Program 2009

This training program will give health providers in the Southern Adelaide Health Service region access to up to date information about a range of issues relating to chronic disease risk factors and self-management. Health providers will hear the key consumer messages and learn about current best practice from local specialists, enabling them to deliver consistent, accurate advice to their clients. The sessions are free to all health providers in the Southern Adelaide region working in the public, private and non-government sectors – acute, allied or primary health.

What will be included?

- Practical tips on implementing evidence-based practice
- Clinical guidelines and multidisciplinary case studies
- Recommended websites and information on community resources
- The opportunity to network with others and 'ask the experts'

<p>SOCIAL DETERMINANTS OF HEALTH <i>Dr Miranda Roe, Lecturer in Public Health, Flinders University</i></p> <p>DOMESTIC AND FAMILY VIOLENCE <i>Ann Hine, Health Promotion Coordinator, General Practice Network South Inc. & Dr. Helen Parry, Seacombe Medical Centre</i></p>	<p>1:00pm Thursday 29 January 2009</p> <p>Level 4 Seminar Area, FMC</p>
<p>CANCER <i>Dr Ganessan Kichenadasse, Consultant, Medical Oncology, FMC Amanda Robertson, Clinical Practice Consultant, FMC</i></p> <p>MEDICATIONS TO TREAT SOME COMMON SYMPTOMS OF CANCER <i>Des Colley, Chronic Disease Medication Management Pharmacist, FMC</i></p>	<p>1:00pm Thursday 5 February 2009</p> <p>Level 4 Seminar Area, FMC</p>
<p>ALCOHOL AND OTHER DRUGS <i>Sandy Dunn, Senior Project Officer, Health Promotion Unit - DASSA</i></p> <p>SMOKING CESSATION <i>Jade Keightley, Cessation Services Project Officer, Quit SA</i></p>	<p>1:00pm Thursday 5 March 2009</p> <p>Level 4 Seminar Area, FMC</p>
<p>ARTHRITIS <i>Dr Simon Burnet, Rheumatologist, Jenny Bennett, Education Services Manager & Vivienne Tomlinson, Education Services Coordinator, Arthritis Foundation SA</i></p> <p>COMMON MEDICATIONS FOR ARTHRITIS <i>Des Colley, Chronic Disease Medication Management Pharm, FMC & The Quality Use of Medicines Coordinator, General Practice Network South Inc.</i></p>	<p>8:30am Thursday 2 April 2009</p> <p>Lecture Theatre 4, FMC</p>
<p>SCHIZOPHRENIA AND BIPOLAR DISORDER <i>Jacqui Murray, Clinical Services Coordinator, Booked Assessment Service, SMHS</i></p> <p>WORKING WITH CLIENTS WHO HAVE COMMUNICATION DIFFICULTIES <i>Ali Ayliffe, Manager, Care Services, UnitingCare Wesley & Coral Trowbridge, Education & Training Officer, Flinders University</i></p>	<p>8:30am Wednesday 6 May 2009</p> <p>Level 4 Seminar Area, FMC</p>

All details are subject to change! BOOKINGS ARE ESSENTIAL.

Please contact Gill Weston to confirm or book: (08) 8201 7809 or gill.weston@health.sa.gov.au



<p>ORAL HEALTH AND CHRONIC CONDITIONS <i>Dymphna Cudmore</i>, Clinical Leader – South Australian Dental Service</p> <p>STRESS AND STRESS MANAGEMENT <i>Cynthia Elliott</i>, Senior Social Worker, Southern Primary Health – Seaford</p>	<p>1:30pm Tuesday 2 June 2009</p> <p>The Auditorium, Noarlunga Health Village</p>
<p>DIABETES <i>Dr Steve Stranks</i>, Director of Southern Adelaide Diabetes and Endocrine Services <i>Collette Geekie</i>, Clinical Nurse Consultant, Diabetes Education Unit, FMC</p> <p>COMMON MEDICATIONS FOR DIABETES <i>Des Colley</i>, Chronic Disease Medication Management Pharm, FMC & The Quality Use of Medicines Coordinator, General Practice Network South Inc.</p>	<p>8:30am Tuesday 7 July 2009</p> <p>Level 4 Seminar Area, FMC</p>
<p>OBESITY: FACT AND FICTION <i>Kathy Jackson</i>, Lecturer – Nutrition, University of South Australia</p> <p>HEALTHY EATING FOR PEOPLE WITH COPD OR CHRONIC HEART FAILURE <i>Emma-Louise Smith</i>, Dietitian, Flinders Medical Centre</p>	<p>2:00pm Wednesday 5 August 2009</p> <p>The Auditorium, Noarlunga Health Village</p>
<p>INTRODUCTION TO CHRONIC CONDITION SELF MANAGEMENT <i>Pauline Kelly</i>, Education & Training Officer, Flinders Human Behaviour & Health Research Unit</p> <p>PSYCHOLOGY AND CHRONIC CONDITIONS <i>Christopher Hart</i>, Psychologist, Southern Primary Health – Noarlunga Village</p>	<p>1:30pm Wednesday 2 September 2009</p> <p>The Auditorium, Noarlunga Health Village</p>
<p>ELDERLY PEOPLE AND CHRONIC CONDITIONS <i>Dr Owen Davies</i>, Senior Staff Specialist, Rehabilitation, Aged & Allied Health Department, RGH</p> <p>INTRODUCTION TO ADVANCE DIRECTIVES <i>Margaret Brown</i>, Research Fellow, Hawke Research Institute, University of South Australia</p>	<p>1:00pm Thursday 1 October 2009</p> <p>Level 4 Seminar Area, FMC</p>
<p>EXERCISE FOR PEOPLE WITH COPD, CHRONIC HEART FAILURE OR DIABETES <i>Bruce Harris</i>, Senior Physiotherapist, Cardiothoracics Physiotherapy Department, FMC.</p> <p>DIABETIC FOOT CARE Podiatrist, Southern Primary Health – Inner Southern</p>	<p>1:00pm Thursday 5 November 2009</p> <p>Level 4 Seminar Area, FMC</p>
<p>CHRONIC HEART FAILURE <i>Dr Carmine de Pasquale</i>, Cardiologist, FMC & The Clinical Practice Consultant – Heart Failure, FMC</p> <p>COMMON MEDICATIONS FOR CHRONIC HEART FAILURE <i>Des Colley</i>, Chronic Disease Medication Management Pharm, FMC & The Quality Use of Medicines Coordinator, General Practice Network South Inc.</p>	<p>8:30am Wednesday 2 December 2009</p> <p>Level 4 Seminar Area, FMC</p>

The 2010 program will include sessions on: Carer Support, Evidence Based Practice, Healthy Eating for People with Type 2 Diabetes, Pre-diabetes / Impaired Glucose Tolerance, Cultural Competency, Anxiety and Depression, COPD & Common Medications for COPD.

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