



Workforce Development Forum
Thursday 17 – Friday 18th September
SEVENHILL, SA

VENUE

Sevenhill College, College Road,
Sevenhill

Sevenhill College is the historic Jesuit training facility and retreat house co-located with the famous Sevenhill winery. It is just south of Clare, approximately 1½hrs drive from Adelaide. [Turn off opposite Sevenhill Hotel on Main North Rd and follow

PROGRAM – Day 1.

Thursday September 17th Men's Health SA Forum

11.30-12.30 p.m	Registrations
12.30 pm – 1.30 pm	Lunch
1.30 – 2.30 p.m.	Delegates networking, news and ideas from around the State
2.45 – 3.30 pm	Presentations: Dr. Gary Misan, Associate Professor and Head of Research, Spencer Gulf Rural Health School

Research Opportunities in Men's Health.

A look at the increasing opportunities for research in men's health.

3.45 pm – 4.30 pm	Emerging Opportunities for Improved Health and Wellbeing Outcomes for Men and Boys
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An overview of new developments and Men's Health SA projects

6.30 pm	Evening meal Followed by AGM and organised social activity
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PROGRAM – Day 2, Friday 18th September.

The Bigger Picture of Men's Health

If your role is promoting health – especially men's health, this is a seminar not to be missed. The language and frameworks used to guide efforts in promoting health (like social determinants, primary health care, population health, prevention, and health promotion) have sometimes proven to be a hindrance rather than a help. This seminar will clarify this language, and clearly explain these frameworks - rendering them accessible and useful.

930: *Getting down to Basics*

Introduction to Health Promotion and Prevention: a framework for Improving Men's Health

Health Promotion and Prevention are terms becoming a part of everyday health vocabulary. What do these terms currently mean? Are we already doing this?

This session will provide a very brief history of the Health Promotion and Prevention movement; current values and emerging approaches; and discussion on how we can use these strategies to improve Men's Health.

1030-1100: **Morning Tea**

1100-1230: *What comes before illness?*

Determinants of Men's Health

Men's Health is impacted on by a complex range of determinants ranging from individual biology to the global context that we live in. How can we make sense of these determinants to form a 'Big Picture' view of Men's Health?

1230-1330: **Lunch**

1330- 1400: *Theory as a springboard for practice*

If health is 'everyone's responsibility', what is my role?

It is easy to fall into a kind of paralysis in trying to find practical ways of responding to the determinants impacting on Men's Health. This brief session will provide opportunity for the group to discuss how individually or collectively we can promote responsibility and better decision making for improving Men's Health.

1400-1500:

Clarifying a vision for men's health

Improving Men's Health using a population health approach: Where do we start?

Globally, health promotion and prevention practitioners have utilised principles of 'Project Management' as frameworks for change. This session will provide examples of how you can use principles of Population Health and Project Management to form a strategic vision for improving Men's Health in your local community.

Presenter:

Bradley Morgan has a background in Occupational Therapy, and is a Masters Graduate in Health and International Development. Currently he is a project manager engaged in health promotion and population health in rural communities. Bradley's experience ranges from local grassroots mental health projects, to working in hospitals and orphanages in Romania, and researching young farmer's perspectives on the social and political determinants of their health in South Australia. His current role is focussed on promoting inter-agency collaboration in developing creative strategies for addressing the factors that determine the mental health of rural communities.

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TAX INVOICE

Men's Health SA
ABN. 753 487 007 34

**REGISTRATION – Workforce Development Forum
17-18th September, 2009**

Name.....

Address.....

.....Postcode.....

Email.....

Special dietary requirements?

Cost

- \$200 Thursday and Friday including all meals and accommodation at Sevenhill College
- \$ 50 Thursday- Forum only, including lunch, evening meal and refreshments
- \$120 Friday- Workforce Training Seminar only, including midday meal and refreshments

A subsidy is available for students and low-income earners - please enquire.

No GST is applicable to this event.

Payment options

- EFT:
Mens Health SA; BSB 015552; A/C 489760952
or
- Cheque or money order

Please complete this form and post with payment to

Men's Health SA
PO Box 462
STIRLING 5152

Or if using EFT, email your response to treasurer@menshealthsa.com.au

Enquiries Peter Burford- 0439683671; Luke Bain- 0421 632 376

Men's Health S A Inc, is the peak South Australian organisation promoting education, research, and workforce development in relation to men's health and men's issues. For more information visit

menshealthsa.com.au