

Clinical Supervision Training



22nd & 23rd October, 2009
Rydges, South Terrace Adelaide

This program will underpin the value of clinical supervision as continuing professional development

Presenter

Adrienne Jeffries, registered clinical supervisor, who has over 30 years experience in the human relations field, is currently the Director of The Psychosynthesis Centre of South Australia. She has trained many other counselors and therapists, from varying professional backgrounds, while holding senior roles in government and government agencies. She has trained with the NSW Institute of Psychiatry. She has extensive experience in the counseling and psychotherapeutic fields. She works with children, adolescents, couples and families. She also conducts clinical supervision for social workers and counselors.

Adrienne's wisdom and work is profound, dynamic and transformational. Adrienne is a Social Worker, who delights in helping her supervisees and clients unlock their potential and turn their aspirations into reality. She knows that training and psychotherapy are activities she was 'born to do' and she loves working with motivated and dynamic people who challenge her and are ready for rapid change.

Her counseling and teaching style can be challenging, growth promoting and supportive at the same time. Adrienne's personal style is warm, friendly, positive and down to earth. She believes that the door to personal development is locked within the mind with the key on the inside!

Her mission is to help people turn the key, unlock the door and step through to exciting futures, new beginnings and amazing achievements, whether in the workplace or on a personal level.



Overview

- To develop and build upon the basic skills of clinical supervision
- To create a sound knowledge base of the models of clinical supervision
- To demonstrate the skill of contracting in a supervisory relationship
- To equip workers with a workable foundation on which to operate as a clinical supervisor /supervisee
- To see supervision as a lifelong professional development process.
- To acknowledge the supervisor and supervisee within

Workshops

- Increase prospective supervisors' knowledge and understanding of the supervisory process
- Increase supervisors' knowledge and confidence in providing clinical supervision
- Explore the link between clinical supervision and burnout
- Explore the connection between clinical supervision self awareness and self-care

Rationale

- To develop a quality service
- General Practice in South Australia supports the development and implementation of clinical supervision
- To ensure you the workforce feel supported respected and valued
- Change will only happen if people are well educated and informed to give them the foundation and understanding to move forward

General Practice SA is pleased to provide Clinical Supervision Training for all Mental Health Shared Care Staff and Divisional Staff who Supervise Mental Health staff working in the Mental Health Shared Care Program.

Training is provided at no charge to Divisions

Please email your attendance to
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