

Cognitive-Behavioural Therapy for Anxiety & Related Disorders Workshop I

(2, 4 and 5 day program)

Margaret Tobin Centre, Bedford Park S.A

22 - 26 February 2010

The CBT for Anxiety Disorders workshop program aims to equip Health Professionals with an introductory knowledge of CBT as applied to the anxiety disorders:

The focus of this workshop is to provide an understanding of anxiety and overview of the anxiety disorders, teach participants how to perform a structured CBT-based interview to determine suitability for a behavioural treatment program, and enable participants to inform suitable clients about the nature of exposure therapy.

The workshop makes use of actual clinical examples by involving clients in sessions. Skill development is encouraged via participant role-plays and the opportunity to attend an optional 5th day of clinical assessments with clients referred for anxiety-related problems.

Fax the attached form to register for a workshop.

Contact:

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Mental Health Sciences Workshops Registration form

Please note this form is a tax invoice for GST input credit purpose **ABN: 65 542 596 200**

NB: Major workshops in bold

Personal Details (Prof/Dr/Mrs/Ms/Miss/Mr):

Surname:

Given Name:

Address:

State:

Postcode:

Place of work and/or occupation
(to be included on your name tag)

Work Telephone ()

Home Telephone ()

Email:

Full Course Fees

Please note: The fee includes a workshop manual.

CBT 1 Workshop Options				
22/2/10 to 23/2/10 2 Day CBT for Anxiety & Related Disorders Workshop I	\$454.55	\$45.45	\$500.00	<input type="checkbox"/>
22/2/10 – 25/2/10 4 Day CBT for Anxiety & Related Disorders Workshop I	\$818.19	\$81.81	\$900.00	<input type="checkbox"/>
26/2/10 Observation of competencies			Free of charge	<input type="checkbox"/>
26/2/10 Competency Based Certification (subject to negotiation and approval by the course coordinator)	\$409.09	\$40.91	\$450.00*	<input type="checkbox"/>
Lunch Option: Cost per day. (Please contact administration before booking lunch option)	\$9.09	\$0.91	\$10.00	<input type="checkbox"/>