



CM Consulting Presents

“Mental Health Skills”

Primary mental health care:

Assessment, planning and treatment strategies for GPs.

(Note: accredited with the GP Mental Health Standards Collaboration and QACPD at the RACGP - 40 points)

What: This 6-hour workshop will provide GPs with knowledge and skills in carrying out the Mental Health Assessment and Treatment Plan, and increase their understanding about a number of Cognitive-behavioural strategies, including psycho-education and relaxation techniques.

The workshop will be presented by a GP specialising in mental health and/or a Clinical Psychologist. A consumer/carer will contribute to the workshops whenever possible. A range of educational tools will be used including small group discussion, skills demonstration and practice.

Who: GPs wanting Level One mental health accreditation (REQUIRED FROM 2010 if the Mental Health Plan Item number is to be claimed), or interested professionals.

When: Either
1) Mon 18th & Tues 19th Jan 2010 (6.30- 9.30pm) OR
2) Sun 7th Feb, 2010 (9.30am - 4.00pm)

Where: CM Consulting
5/34 Hallett Rd Stonyfell 5066

Cost: \$200.00 + \$20 GST
Price includes: Accredited program, refreshments and an extensive workshop manual.

Call soon to secure your place (08) 8431 8091, fax 83329061 or email cooindacreations@chariot.net.au

Name Address

Contact phone Email

- Cheque/money order enclosed (Please make payable to CM Consulting Pty Ltd) or
Credit card details

Amount \$

Type of card (please tick) VISA MasterCard AMEX

Name printed on card:

Card No.

Expiry Date

Signature:

