

General Practice SA presents
in conjunction with
Health Coaching Australia—2 day workshop

Introduction to Health Coaching

This interactive workshop will present evidence-based principles and techniques that can be applied to enable health practitioners to quickly identify and minimise potential barriers to health change.

It provides micro skills to enhance client readiness, importance and confidence to make lifestyle changes and better manage their health.

After attending this workshop, GPs, nurses & allied health professionals have reported that they significantly increased their success rates in promoting client behaviour change.

The workshop would benefit LMP providers, Mental Health Clinicians & Practice Nurses working across lifestyle support.

Date: Thursday 3rd June and Friday 4th June 2010
Time: 8.30am—5.00pm
Venue: Rydges Hotel South Park, 1 South Terrace

To secure your place, please fax the following registration form to Donna Mackereth on (08) 8271 8344 or email donna.mackereth@gpsa.org.au by Monday 24th May 2010

Introduction to Health Coaching

General Practice SA Inc
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Name: _____

Organisation: _____

Email: _____

Contact Phone Number: _____

Specific Dietary Needs: _____

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